## 2019 Boys and Girls Greater Metro Conference Cross Country Meet Saturday, October 19th

Rotary Park, Menomonee Falls (hosted by Hamilton High School)

The GMC Cross Country meet will run on Saturday, October 19th at Rotary Park in Menomonee Falls. The race format is according to the GMC bylaws and WIAA regulations where both girls and boys will run 5,000 meters. Varsity teams can consist of up to 8 runners and JV teams have unlimited entries.

**Location:** Rotary Park, N86W14230 W Fond Du Lac Ave, Menomonee Falls, WI 53051 (From Lily Road, turn west onto Menomonee Avenue then north onto MacArthur Drive. The course borders MacArthur Drive.)

**Officials:** Elliot Kramsky, Peter Nielsen, Robert Rymer

**Meet Schedule:** 9:45 AM: Girls JV (unlimited)

10:30 AM: Boys JV (unlimited)

11:15 AM: Girls Varsity (8 max, 8th runner will displace) Noon: Boys Varsity (8 max, 8th runner will displace)

**Course:** Mostly grass, spikes recommended, lined and flagged

Entries: Register your athletes at <u>www.pttiming.com</u>

Entries are due by Noon on Thursday, October 17<sup>th</sup>.

**Finish Chute:** Please instruct your athletes on finish chute procedure. Athletes must proceed in the same order through the finish chute as determined by the meet officials and have their timing tag taken at the end of the chute.

**Results:** Results will be available at www.pttiming.com after the meet.

## Teams and Box # (random draw):

1) Wauwatosa East 4) Brookfield East 7) West Allis Hale 2) Brookfield Central 5) Hamilton 8) Germantown 3) Menomonee Falls 6) Wauwatosa West 9) DSHA/Marquette

Games/Appeal Committee: WIAA starters, Mike Gosz, Head Boys Coach Germantown, Head Girls Coach Wauwatosa West

## **Other Meet Information:**

- T-shirts (S-XL) will be available for purchase
- Concessions will be available for purchase
- Coaches/Officials/AD hospitality area will be available
- Hamilton's Athletic Trainer will be on site
- Rotary Park's restrooms will be available
- Awards will be distributed per GMC bylaws
- Please let your spectators know that dogs are not allowed on the course

**Questions:** Mike Gosz 262-246-1805 ext. 1125 262-510-5101 (Cell)