

Department of Athletics

Clayton Hemphill- Athletic & Activities Director

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Christina Bender- Athletic Secretary

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Woodland Conference Cross Country Championships



Date: October 17, 2019

Place: Sheridan Park – Cudahy, Wisconsin

Timing: PT Timing - Opens at noon Tuesday, October 8, 2019

Closes at Noon on Tuesday, October 15, 2019

\$50.00 fee due to PT Timing *prior to the meet* to have PT Timing re-open entries after the deadline at noon on October 15.

Approximate Time Table:

- 2:30 Coaches Meeting Outside of building near finish line
- 3:00 Girls' Junior Varsity 5000 meters
- 3:45 Boys' Junior Varsity 5000 meters
- 4:30 Girls' Varsity Race 5000 meters
- 5:05 Boys' Varsity Race 5000 meters
- 5:40 Awards

Teams: Brown Deer, Cudahy/St. Francis, Greendale, Greenfield, Milwaukee Lutheran, New Berlin Eisenhower, New Berlin West, Pewaukee, Pius XI, Shorewood, South Milwaukee, West Allis Central, Whitnall, & Wisconsin Lutheran

Awards:

Junior Varsity: Medals - The top 16 (8 gold, 8 silver) boys and girls JV finishers will be awarded medals provided by the host.

Varsity: Medals - Gold medals to the first 8 varsity runners (1st Team All-Conference), silver medals to the next 8 runners (2nd Team All-Conference), and bronze medals to the third set of eight runners (3rd Team All-Conference).

Championship bar for Varsity boys and girls team champion

Course Varsity Records:

Girls: Cami Davre Whitefish Bay 18:10.81 2015 Boys: Patrick Campbell Wauwatosa West 15:37.47 2012

Concessions: Gatorade, water, Fruit and other items available.

T-shirts will be available.



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Course length: girls - 5000 meters, boys - 5000 meters Flats or spikes may be worn.

Each team will be allowed **unlimited Junior Varsity** runners, and **eight (8) varsity** runners scoring top 5. The tie breaking procedure is as follows:

- 1. Ties in team scoring shall be resolved by comparing the sixth place finishers from the tying teams.
- 2. The team with the best sixth place finisher wins.
- 3. If one team does not have a sixth place finisher, the team with the sixth place finisher wins.
- 4. If only five competitors of tying teams finish, the tie shall be resolved by totaling the scores of the first four finishers

Purgold Starting Box Assignments

- 1. Brown Deer
- 2. Cudahy/St. Francis
- 3. Greendale
- 4. Greenfield
- 5. Milwaukee Lutheran
- 6. New Berlin Eisenhower
- 7. New Berlin West
- 8. Pewaukee
- 9. Pius XI
- 10.Shorewood
- 11.South Milwaukee
- 12. West Allis Central
- 13.Whitnall
- 14. Wisconsin Lutheran



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