



2019 FRCC Conference Championship

Lakeland University
W3718 South Dr, Plymouth, WI 53073



When: Thursday, October 17th 2019

Where: Lakeland University, [W3718 South Dr, Plymouth, WI 53073](https://www.lakeland.edu/locations/w3718-south-dr-plymouth-wi-53073/).

Teams: Ashwaubenon, Bay Port, De Pere, Green Bay Preble, Green Bay Southwest, Manitowoc, Notre Dame Academy, Pulaski, Sheboygan South, and Sheboygan North

Facility Restrictions: Please stay away from Softball field and batting cage. Please keep all athletes and spectators out of Campus buildings. We will have bathrooms available.

Camp Setup: Tents and team camps should be set up in designated areas and may not be set up before noon on the day of the race.

Pets: Please remind supporters that NO ANIMALS are allowed at or on the course.

Entries: Register your athletes @ www.pttiming.com. Click on 'Upcoming Events' for the online entry system. Find our meet on that page and click 'Register for Meet.' Eight varsity runners and unlimited JV runners will be allowed. Only one JV team will be scored. Please register athletes by noon on Tuesday, October 15th.

Teams who fail to meet the deadline will be charged a \$50 late fee. Changes can be made the day of the race.

Chip timing: Chips can be picked up from the PT timing van. All chips must be returned before leaving the event.

Parking: Team busses will drop off at the soccer field then park in Lot G near the football field. Spectator parking will be located near the soccer fields in Lots D & E.

Schedule:

- Coaches Meeting 2:30 p.m. (By the finish)
(Will include the FRCC Cross Country coaches' end of the season meeting)
- Girls Varsity (5,000m) 3:15 p.m.
- Boys Varsity (5,000m) 3:45 p.m.
- Girls JV (5,000m) 4:15 p.m.
- Boys JV (5,000m) 5:00 p.m.
- NOTE: We will wait for all competitors to finish their race prior to starting the next race



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Box Assignments:

1	Ashwaubenon
2	Manitowoc
3	Sheboygan South
4	Notre Dame
5	DePere
6	Green Bay Preble
7	Pulaski
8	Sheboygan North
9	Green Bay Southwest
10	Bay Port

Awards: Conference Championship plaques and medals will be awarded following the completion of the last race.

Officials: Don Tolkacz, Mary Deyoung

Trainer: An Aurora Athletic Trainer will be available.

Concessions: Will be available for sale. No carry ins please

T-shirt Sales: Long sleeve T-shirts will be available to purchase at the meet for \$15 in concessions.

Questions please contact:

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Sheboygan North Boys Cross Country Coach
C – 920-918-2408
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