

===== BOYS CHAMPIONSHIP TEAM SCORE =====

1.	125	Mounds View XC Club			(15:57.9	79:49.4	0:14.6)
1	13	Finn Sokolowski	12	15:50.2			
2	15	Alec Nelson	12	15:52.4			
3	30	Will Sacay	12	16:01.0			
4	31	Matt Miller	11	16:01.0			
5	36	Elliott McArthur	9	16:04.8			
6	(48)	Santino Preciado	12	16:11.7			
7	(67)	Nathan Apostle	12	16:24.4			
2.	177	Stevens Point			(16:04.8	80:23.8	0:22.8)
1	14	Jake Lepak	12	15:51.1			
2	24	Jacob Bourget	11	15:58.1			
3	44	James Jacobs	10	16:10.1			
4	45	Christian Manthey	12	16:10.6			
5	50	Tristan Sernau	12	16:13.9			
6	(66)	Zach Scharbarth	10	16:23.8			
7	(83)	Josh Bourget	11	16:31.3			
3.	188	Eden Prairie XC			(16:04.9	80:24.2	0:44.6)
1	10	Jake Derouin	12	15:41.7			
2	18	Zach Spears	12	15:54.6			
3	28	Alex Gutierrez	11	16:00.4			
4	61	Tristan Lainhart	11	16:21.2			
5	71	Mohamed Mohamud	12	16:26.3			
6	(95)	Isaac Hartman	11	16:36.5			
7	(120)	Jack Gschwendtner	11	16:46.6			
4.	227	Middleton Miles Project CLUB XC			(16:10.5	80:52.3	0:30.7)
1	23	Egan Johnson	12	15:57.5			
2	27	Peter Hoferle	12	15:59.7			
3	46	Griffin Ward	10	16:10.8			
4	54	Braedon Gilles	12	16:16.1			
5	77	Zachary Leffel	12	16:28.2			
6	(151)	Ethan Mladucky	10	17:00.3			
5.	244	Lightning XC			(16:06.6	80:33.0	1:18.3)
1	4	AJ Green	12	15:19.9			
2	20	Gabriel Mahlen	11	15:55.5			
3	55	Sam Morgenstern	12	16:16.7			
4	65	Colby Rubischko	11	16:22.7			
5	100	Nathaniel Getman	10	16:38.2			
6	(115)	Hunter Dunne	10	16:44.8			
7	(134)	Sam Setterlund	11	16:51.3			
6.	268	Silverhawk Track Club			(16:15.7	81:18.4	0:34.7)
1	25	Jack Nolley	12	15:58.4			
2	40	Drew Snyder	11	16:08.3			
3	57	Tyler Boyle	12	16:18.3			
4	59	Trevor Acton	12	16:20.3			
5	87	Grant Reid	11	16:33.1			
6	(125)	Tyler Bartolome	12	16:47.8			
7	(133)	Max McConnell	12	16:50.3			
7.	276	CoyoteXC			(16:15.1	81:15.4	0:45.6)
1	17	Micade Shumway	12	15:54.1			
2	22	Gunnar Alvarado	11	15:56.2			
3	52	Fynn Krenz	9	16:15.2			
4	81	Wil Olson	12	16:30.2			
5	104	Leif Larsen	12	16:39.7			
8.	293	Highland Park Running Club			(16:05.1	80:25.3	1:41.3)
1	1	Oliver Paleen	12	15:19.1			
2	6	Calvin Boone	12	15:28.4			
3	12	Conor Gregg Escala	12	15:49.9			
4	122	Jesse Peterson	11	16:47.5			
5	152	Marcus Hansen	12	17:00.4			
6	(165)	Sam Vanspriell	12	17:08.1			
7	(179)	Habetamu Abide	10	17:20.6			
9.	297	Pleasant Valley Cross Country Club			(16:11.4	80:57.0	1:23.0)
1	2	Max Murphy	12	15:19.5			
2	39	Kole Sommer	11	16:07.0			
3	42	Ian Kaffenberger	12	16:09.1			
4	102	Kent Nichols	12	16:38.9			
5	112	Jack Meyers	12	16:42.5			
6	(121)	Tarun Vedula	10	16:46.7			
7	(143)	Eric Zabel	12	16:55.5			
10.	309	Buffalo Track Club			(16:16.4	81:22.0	1:12.8)
1	8	Sam Hall	12	15:36.9			
2	34	Zach Fry	12	16:04.1			
3	68	Mike Gipple	12	16:25.6			
4	69	Jordan Daniel	11	16:25.7			
5	130	Lucas Martin	12	16:49.7			
6	(142)	Cade Muller	11	16:55.2			
7	(160)	Will Ode	12	17:06.0			
11.	338	Edina XC			(16:20.8	81:44.0	1:01.2)

1	11	Russell Gokemeijer	12	15:47.6
2	47	Augustus Hubbell	12	16:11.5
3	74	Noah Koelbl	12	16:27.8
4	78	Ethan Richter	10	16:28.3
5	128	Sean Baird	12	16:48.8
6	(141)	Kurt Lebakken	10	16:54.5
7	(153)	Nickolas Idrogo-lam	11	17:00.7
12.	344	Whitewater	(16:22.1	81:50.3 0:48.4)
1	16	Max Nelson	12	15:53.2
2	49	Isaac Maruyama	12	16:11.9
3	72	Trevor Lucke	11	16:26.3
4	97	Ernie Mattson	10	16:37.3
5	110	Logan Tantt	12	16:41.6
6	(111)	Sam Verkerke	12	16:41.6
7	(116)	Ben McLaughlin	11	16:45.5
13.	374	Dakota Distance Project	(16:19.1	81:35.5 1:36.7)
1	5	Andrew Lauer	12	15:22.2
2	38	Zeb Mendel	11	16:06.6
3	58	Ryan Schroeder	12	16:19.5
4	126	Rob Baker	11	16:48.3
5	147	Slater Dixon	12	16:58.9
6	(181)	Grant Graber	11	17:26.1
7	(187)	Mark Pfeifle	12	17:30.5
14.	379	Saints XC Club	(16:25.5	82:07.3 0:58.2)
1	21	Logan Seger	10	15:55.5
2	51	Aiden Higgerson	12	16:14.5
3	80	Ashton Higgerson	10	16:29.8
4	89	Nolan Mauk	12	16:33.8
5	138	Aidan Grantham	11	16:53.7
6	(145)	Connor Klocke	10	16:55.7
7	(175)	Brady Hall	12	17:16.6
15.	381	Stillwater XC Club	(16:26.3	82:11.2 0:39.2)
1	43	Ethan Vargas	11	16:09.4
2	53	Jack Hesse-Withbr	11	16:15.3
3	60	Aiden Kilibarda	11	16:20.5
4	98	Ethan Selph	12	16:37.4
5	127	Daniel Beletsky	12	16:48.6
6	(183)	Jackson Wertish	11	17:28.7
7	(185)	Jonah Johnsen	11	17:29.3
16.	480	Dubuque Hempstead Club	(16:36.9	83:04.2 1:05.1)
1	41	Ryan Winger	11	16:08.9
2	70	Mason Suarez	11	16:25.8
3	79	Owen Maloney	11	16:29.0
4	119	Marcus Leitzen	10	16:46.5
5	171	Brady Bleant	10	17:14.0
6	(184)	Derek Leicht	10	17:28.9
7	(186)	Jacob Westermeyer	12	17:29.5
17.	498	Hopkins Club CC	(16:38.0	83:09.6 0:22.1)
1	76	Leo Goodman	11	16:27.9
2	90	Suhayb Ali	9	16:35.1
3	96	Colby Branch	12	16:36.7
4	105	Ben Haberman	11	16:39.9
5	131	Niko Schmanski	12	16:50.0
6	(180)	Samuel Gausmann	10	17:21.7
7	(200)	Jonathan Trudell	11	17:52.4
18.	499	Bison	(16:36.1	83:00.4 1:33.1)
1	9	Nick Oak	12	15:41.4
2	63	Jadon Boots	10	16:21.8
3	94	Jared Gogoire	10	16:36.5
4	161	Andrew Macheel	9	17:06.2
5	172	Dillon Huss	11	17:14.5
19.	501	Free State Running Club	(16:37.6	83:07.8 1:08.9)
1	32	Charles Johnson	12	16:02.4
2	75	Ethan Sharp	11	16:27.8
3	85	Ben Shryock	10	16:32.0
4	140	John Loos	12	16:54.3
5	169	Jack Keathley-Hel	10	17:11.3
6	(170)	Brock Cordova	11	17:11.7
7	(203)	Carson Marsh	9	18:26.6
20.	510	Johnston Dragoons	(16:38.6	83:13.0 0:44.1)
1	56	Sam Schmitz	12	16:16.8
2	93	Carter Borwick	11	16:36.4
3	101	Noor Noor	12	16:38.9
4	106	Yohana Yual	11	16:40.0
5	154	Karson Kleve	12	17:00.9
6	(178)	Matt Borgmeier	11	17:19.9
7	(189)	Hunter Briggs	12	17:31.3
21.	511	Willmar Winged Foot Running Club	(16:36.8	83:03.6 0:58.9)
1	33	Fuad Bashir	11	16:03.8
2	35	Mason Wendt	12	16:04.2
3	136	Colin O'Farrell	10	16:52.8
4	149	Fathi Dubet	8	17:00.1

6	158	Sully Anez	8	17:02.7		
	(191)	Mowlid Mohammed	9	17:32.9		
22.	517	Mill Road RC		(16:39.9	83:19.2	1:18.3)
1	29	Liem Chot	11	16:00.5		
2	73	Daniel Pierce	12	16:26.8		
3	84	Asim Ali	12	16:31.7		
4	155	Ethan Zaborowski	11	17:01.4		
5	176	Matthew Montes	10	17:18.8		
6	(192)	Jimmy Nguyen	10	17:38.9		
23.	521	Wayzata XC		(16:32.8	82:43.9	1:47.5)
1	3	Shuayb Hussein	12	15:19.7		
2	113	Drake Young	12	16:43.4		
3	118	Hamza Mohamed	9	16:45.9		
4	124	Connor Von Holdt	10	16:47.7		
5	163	Charlie Ernst	12	17:07.2		
6	(195)	Blake Hayden	11	17:44.5		
7	(199)	Abdi Robleh	11	17:49.9		
24.	531	Germantown Running Club		(16:34.9	82:54.1	1:40.3)
1	7	Ben Schnoor	12	15:29.2		
2	37	Jimmy Koel	12	16:06.2		
3	156	Cooper Feltz	10	17:01.5		
4	164	Lukas Ciardo	11	17:07.7		
5	167	Marcus Knight	11	17:09.5		
6	(182)	Jack Ramstack	12	17:28.4		
7	(202)	Dillon Walker	9	18:18.7		
25.	549	Topeka Blues XC Club		(16:42.4	83:31.9	0:38.5)
1	62	Caleb Wright	12	16:21.7		
2	91	Rylan Brown	12	16:35.1		
3	109	Arrik White	11	16:41.5		
4	137	Jordan Tremblay	12	16:53.4		
5	150	Alex Holmes	10	17:00.2		
6	(196)	Wyatt Allen	12	17:46.9		
7	(205)	Jacob Mitchell	11	18:43.0		
26.	574	Jaguar Running Club		(16:43.4	83:36.7	1:14.6)
1	19	Darius Hightower	12	15:55.4		
2	82	Nick Schmidt	12	16:30.3		
3	148	Nathan Greenfield	12	16:59.3		
4	157	John Lehan	11	17:01.7		
5	168	Carsyn Turpin	11	17:10.0		
6	(204)	Josh Mansfield	12	18:42.2		
27.	587	SUX Running Club		(16:44.9	83:44.4	0:18.1)
1	88	Jaysen Bouwers	11	16:33.7		
2	103	Gabe Nash	9	16:39.6		
3	129	Will Lohr	10	16:49.2		
4	132	Beshanena Gutema	9	16:50.1		
5	135	Colin Greenwell	11	16:51.8		
6	(173)	Ahmed Dido	11	17:14.5		
7	(194)	Yemane Kifle	10	17:43.9		
28.	621	Perham Project		(16:48.3	84:01.3	1:17.5)
1	26	Jakob McCleary	10	15:58.4		
2	123	Chase Belka	12	16:47.7		
3	139	Carson Hesper	11	16:54.3		
4	159	Bailey Evenson	12	17:05.0		
5	174	Brandon O'Hara	12	17:15.9		
6	(188)	Tesfaye Young	9	17:31.0		
7	(193)	Owen Werner	12	17:39.6		
29.	626	Falcons NXR		(16:49.1	84:05.5	0:32.4)
1	92	Matthew Tolman	10	16:36.0		
2	108	Jacob Berezoski	12	16:41.4		
3	114	Justyn France	12	16:43.9		
4	146	Kaeden Fellingham	12	16:55.8		
5	166	Rhys Allen	10	17:08.4		
6	(190)	Riley Vandaveer	11	17:32.7		
7	(197)	Cooper Doherty	12	17:48.7		
30.	641	West Millard		(16:52.6	84:22.7	0:46.7)
1	86	Sam Kirchner	10	16:32.8		
2	99	Tony Miller	12	16:38.1		
3	117	Austin Goetsche	11	16:45.7		
4	162	Joey Hartnett	9	17:06.6		
5	177	Piercze Marshall	9	17:19.5		
31.	714	Grand Island		(17:11.4	85:56.8	1:47.1)
1	64	Juan Garcia	10	16:22.1		
2	107	Eder Garcia	12	16:40.1		
3	144	Gage Long	11	16:55.6		
4	198	Jerome Silva	11	17:49.8		
5	201	Payton Sindelar	11	18:09.2		

Nike Cross Nationals Heartland Regional
Yankton Trail Park, Sioux Falls, SD
November 10, 2019
Boys Championship

Place	TmPl	Name	Year	Teamname	Rank	1 Mile	Rank	2 Mile	Split	Last1.1	Time	Pace
1		Nicholas Scheller	12	Chanhassen Storm Running Club	8	5:02	8	10:06	5:05	5:13	15:17.8	4:56
2	1	Oliver Paleen	12	Highland Park Running Club	9	5:02	3	10:06	5:04	5:14	15:19.1	4:56
3		Ryan Kinnane	12	Andover	27	5:03	18	10:07	5:04	5:14	15:19.5	4:56
4	2	Max Murphy	12	Pleasant Valley Cross Country Club	23	5:03	11	10:06	5:04	5:14	15:19.5	4:56
5	3	Shuayb Hussein	12	Wayzata XC	1	5:01	1	10:05	5:04	5:16	15:19.7	4:57
6	4	Aj Green	12	Lightning XC	18	5:02	6	10:06	5:04	5:15	15:19.9	4:57
7	5	Andrew Lauer	12	Dakota Distance Project	10	5:02	13	10:06	5:05	5:17	15:22.2	4:57
8		Brady Yoder	11		13	5:02	7	10:06	5:04	5:18	15:22.9	4:58
9		Geno Uhrbom	11		21	5:03	4	10:06	5:04	5:22	15:26.6	4:59
10		Emmet Anderson	11		16	5:02	14	10:06	5:05	5:22	15:27.4	4:59
11	6	Calvin Boone	12	Highland Park Running Club	12	5:02	16	10:06	5:05	5:23	15:28.4	4:59
12	7	Ben Schnoor	12	Germantown Running Club	56	5:06	19	10:07	5:01	5:23	15:29.2	5:00
13		Gavin Kuhlbeck	12		36	5:04	22	10:08	5:05	5:24	15:31.2	5:00
14		Gavin Haut	11	Buffalo City Running Club	28	5:03	23	10:08	5:05	5:26	15:33.2	5:01
15		Max Lauerman	12	Minnetonka Running Club	31	5:04	17	10:07	5:04	5:29	15:35.0	5:01
16		Jacob Knodle	11		2	5:01	20	10:07	5:06	5:30	15:36.1	5:02
17	8	Sam Hall	12	Buffalo Track Club	5	5:02	12	10:06	5:05	5:32	15:36.9	5:02
18		Zach Vanbrocklin	12		29	5:03	25	10:10	5:07	5:30	15:38.9	5:03
19		Jack Pendergast	12	Club PXC	11	5:02	9	10:06	5:05	5:35	15:40.0	5:03
20		Nicholas Holmes	12		4	5:02	15	10:06	5:05	5:35	15:40.4	5:03
21		John Scherer Iv	11		46	5:05	24	10:08	5:04	5:34	15:41.0	5:03
22	9	Nick Oak	12	Bison	19	5:02	21	10:08	5:06	5:35	15:41.4	5:03
23	10	Jake Derouin	12	Eden Prairie XC	6	5:02	5	10:06	5:05	5:37	15:41.7	5:04
24		Gabe Smit	11	Prior Lake Track Club	63	5:07	38	10:16	5:10	5:29	15:44.2	5:04
25		Lucas Florsheim	12		64	5:07	26	10:12	5:05	5:34	15:45.2	5:05
26		Dylan Dolezal	12		14	5:02	33	10:14	5:13	5:32	15:45.9	5:05
27		Jacob Green	12		54	5:06	36	10:15	5:10	5:32	15:46.6	5:05
28	11	Russell Gokemeijer	12	Edina XC	34	5:04	29	10:14	5:10	5:35	15:47.6	5:05
29		Jacob Bright	12		22	5:03	37	10:16	5:14	5:33	15:47.6	5:05
30		Ben Anteau	11	Buffalo City Running Club	53	5:06	34	10:15	5:09	5:36	15:49.6	5:06
31	12	Conor Gregg Escala	12	Highland Park Running Club	62	5:07	47	10:20	5:14	5:30	15:49.9	5:06
32	13	Finn Sokolowski	12	Mounds View XC Club	41	5:04	35	10:15	5:11	5:36	15:50.2	5:06
33		Robert White	12		20	5:03	30	10:14	5:12	5:37	15:50.4	5:06
34	14	Jake Lepak	12	Stevens Point	40	5:04	39	10:17	5:14	5:35	15:51.1	5:07
35		Carter Briggs	12	Winona	15	5:02	10	10:06	5:04	5:46	15:51.2	5:07
36		Joshua Truchon	11	ELAH XC	148	5:16	64	10:26	5:11	5:26	15:51.3	5:07
37		Nolan Richey	11		55	5:06	43	10:19	5:13	5:33	15:51.3	5:07
38		Treyson True	11		39	5:04	45	10:19	5:16	5:33	15:51.9	5:07
39	15	Alec Nelson	12	Mounds View XC Club	73	5:08	49	10:22	5:14	5:32	15:52.4	5:07
40		Carson Sturdy	11	De Soto Running Club	61	5:07	53	10:23	5:16	5:31	15:52.6	5:07
41	16	Max Nelson	12	Whitewater	42	5:04	31	10:14	5:10	5:40	15:53.2	5:07
42	17	Micade Shumway	12	CoyoteXC	32	5:04	46	10:20	5:17	5:35	15:54.1	5:08
43		Sean Korsmo	11	Demons XC	7	5:02	32	10:14	5:13	5:41	15:54.2	5:08
44		Nick Abdalla	11	Omaha South XC Club	69	5:08	57	10:24	5:17	5:32	15:54.5	5:08
45	18	Zach Spears	12	Eden Prairie XC	49	5:05	41	10:18	5:13	5:37	15:54.6	5:08
46	19	Darius Hightower	12	Jaguar Running Club	38	5:04	44	10:19	5:16	5:37	15:55.4	5:08
47	20	Gabriel Mahlen	11	Lightning XC	86	5:10	54	10:23	5:14	5:34	15:55.5	5:08
48	21	Logan Seger	10	Saints XC Club	78	5:09	55	10:23	5:15	5:33	15:55.5	5:08
49		Zachary Long	12	Chanhassen Storm Running Club	65	5:07	51	10:22	5:15	5:35	15:55.9	5:08
50	22	Gunnar Alvarado	11	CoyoteXC	82	5:09	82	10:30	5:21	5:27	15:56.2	5:08
51		Adam Koller	12		103	5:11	52	10:22	5:12	5:35	15:56.2	5:08
52		Zach Slevin	12		30	5:03	48	10:21	5:18	5:38	15:57.4	5:09
53	23	Egan Johnson	12	Middleton Miles Project CLUB XC	60	5:07	77	10:29	5:23	5:30	15:57.5	5:09
54		Mason Kindel	11	BisPat Harriers	68	5:08	59	10:25	5:18	5:34	15:57.9	5:09
55	24	Jacob Bourget	11	Stevens Point	24	5:03	28	10:14	5:11	5:46	15:58.1	5:09
56	25	Jack Nolley	12	Silverhawk Track Club	94	5:10	68	10:27	5:17	5:32	15:58.4	5:09
57	26	Jakob McCleary	10	Perham Project	80	5:09	56	10:24	5:15	5:36	15:58.4	5:09
58	27	Peter Hoferle	12	Middleton Miles Project CLUB XC	171	5:18	95	10:32	5:14	5:29	15:59.7	5:09
59		Alex Vance	12		3	5:01	2	10:05	5:04	5:56	16:00.1	5:09
60	28	Alex Gutierrez	11	Eden Prairie XC	143	5:15	91	10:31	5:17	5:30	16:00.4	5:10
61	29	Liem Chot	11	Mill Road RC	33	5:04	27	10:12	5:09	5:49	16:00.5	5:10
62	30	Will Sacay	12	Mounds View XC Club	75	5:09	65	10:26	5:18	5:35	16:01.0	5:10
63	31	Matt Miller	11	Mounds View XC Club	85	5:10	70	10:27	5:18	5:35	16:01.0	5:10
64	32	Charles Johnson	12	Free State Running Club	48	5:05	67	10:27	5:22	5:36	16:02.4	5:10
65		Henry Nelson	12		45	5:05	40	10:18	5:14	5:46	16:02.4	5:10
66	33	Fuad Bashir	11	Willmar Winged Foot Running Club	71	5:08	66	10:27	5:19	5:38	16:03.8	5:11
67	34	Zach Fry	12	Buffalo Track Club	109	5:12	84	10:30	5:19	5:35	16:04.1	5:11
68	35	Mason Wendt	12	Willmar Winged Foot Running Club	131	5:14	71	10:28	5:14	5:37	16:04.2	5:11
69	36	Elliot McArthur	9	Mounds View XC Club	83	5:09	63	10:26	5:17	5:40	16:04.8	5:11
70		Gavin Czarnecki	11		99	5:11	83	10:30	5:19	5:36	16:05.1	5:11
71	37	Jimmy Koel	12	Germantown Running Club	106	5:11	92	10:31	5:20	5:36	16:06.2	5:11
72		Mason Shea	12		81	5:09	76	10:29	5:20	5:39	16:06.4	5:12
73	38	Zeb Mendel	11	Dakota Distance Project	136	5:15	101	10:33	5:19	5:35	16:06.6	5:12
74		Meti Omod	12		44	5:05	102	10:34	5:29	5:34	16:06.6	5:12
75	39	Kole Sommer	11	Pleasant Valley Cross Country Club	102	5:11	60	10:25	5:15	5:43	16:07.0	5:12
76	40	Drew Snyder	11	Silverhawk Track Club	114	5:12	94	10:32	5:20	5:37	16:08.3	5:12
77	41	Ryan Winger	11	Dubuque Hempstead Club	58	5:06	81	10:30	5:24	5:40	16:08.9	5:12
78	42	Ian Kaffenberger	12	Pleasant Valley Cross Country Club	167	5:18	110	10:35	5:17	5:35	16:09.1	5:12
79		Sam Gomon	12		91	5:10	75	10:29	5:19	5:41	16:09.2	5:12
80		Mitchell Johnstone	12		107	5:12	78	10:29	5:18	5:41	16:09.3	5:12
81	43	Ethan Vargas	11	Stillwater XC Club	104	5:11	80	10:29	5:19	5:41	16:09.4	5:12
82		Quinton Orr	11	Humboldt	90	5:10	79	10:29	5:20	5:41	16:09.7	5:13
83	44	James Jacobs	10	Stevens Point	155	5:17	126	10:38	5:21	5:34	16:10.1	5:13
84	45	Christian Manthey	12	Stevens Point	153	5:16	120	10:36	5:20	5:35	16:10.6	5:13
85		Christian Lietz	12		125	5:13	97	10:32	5:19	5:40	16:10.8	5:13
86	46	Griffin Ward	10	Middleton Miles Project CLUB XC	79	5:09	69	10:27	5:19	5:44	16:10.8	5:13
87		Tyson Mahar	11	East Grand Forks	52	5:06	87	10:31	5:25	5:42	16:11.4	5:13
88	47	Augustus Hubbell	12	Edina XC	59	5:07	74	10:28	5:22	5:44	16:11.5	5:13
89	48	Santino Preciado	12	Mounds View XC Club	119	5:13	100	10:33	5:21	5:40	16:11.7	5:13
90		Austin Fullerton	12		169	5:18	98	10:32	5:15	5:40	16:11.8	5:13
91	49	Isaac Maruyama	12	Whitewater	122	5:13	96	10:32	5:20	5:41	16:11.9	5:13
92		Noah Lundeen	12		100	5:11	61	10:26	5:15	5:49	16:13.4	5:14
93		Tanner Newkirk	10		43	5:04	62	10:26	5:22	5:49	16:13.7	5:14
94	50	Tristan Sernau	12	Stevens Point	156	5:17	115	10:36	5:20	5:39	16:13.9	5:14
95		Sam Harmon	12	Northside Spartans	97	5:11	113	10:35	5:25	5:39	16:14.0	5:14

Nike Cross Nationals Heartland Regional
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Place	TmPl	Name	Year	Teamname	Rank	1 Mile	Rank	2 Mile	Split	Last1.1	Time	Pace
96	51	Aiden Higgerson	12	Saints XC Club	35	5:04	58	10:24	5:21	5:51	16:14.5	5:14
97	52	Fynn Krenz	9	CoyoteXC	113	5:12	119	10:36	5:24	5:40	16:15.2	5:14
98	53	Jack Hesse-Withbr	11	Stillwater XC Club	133	5:14	133	10:39	5:25	5:37	16:15.3	5:14
99	54	Braedon Gilles	12	Middleton Miles Project CLUB XC	98	5:11	106	10:34	5:24	5:43	16:16.1	5:15
100	55	Sam Morgenstern	12	Lightning XC	84	5:09	73	10:28	5:19	5:49	16:16.7	5:15
101	56	Sam Schmitz	12	Johnston Dragoons	178	5:19	124	10:37	5:19	5:41	16:16.8	5:15
102		Collin Oswalt	11	Central Christian School	17	5:02	42	10:19	5:17	6:00	16:17.6	5:15
103		Jacob Ersland	11	BisPat Harriers	95	5:10	93	10:32	5:22	5:47	16:17.6	5:15
104	57	Tyler Boyle	12	Silverhawk Track Club	26	5:03	50	10:22	5:19	5:57	16:18.3	5:15
105		Hunter Klimek	12		47	5:05	89	10:31	5:27	5:49	16:18.7	5:15
106		Harris Anderson	12		130	5:14	111	10:35	5:21	5:45	16:18.8	5:16
107		Cody Peterson	11	Winona	76	5:09	72	10:28	5:20	5:52	16:18.9	5:16
108		Kaden Cooley	12	Team West	116	5:13	104	10:34	5:22	5:46	16:19.4	5:16
109	58	Ryan Schroeder	12	Dakota Distance Project	139	5:15	128	10:38	5:24	5:43	16:19.5	5:16
110	59	Trevor Acton	12	Silverhawk Track Club	74	5:09	118	10:36	5:28	5:45	16:20.3	5:16
111	60	Aiden Kilibarda	11	Stillwater XC Club	124	5:13	134	10:39	5:26	5:42	16:20.5	5:16
112	61	Tristan Lainhart	11	Eden Prairie XC	154	5:16	141	10:42	5:26	5:41	16:21.2	5:16
113		Aidan Reyna	10	Team West	117	5:13	117	10:36	5:24	5:46	16:21.3	5:16
114	62	Caleb Wright	12	Topeka Blues XC Club	172	5:18	127	10:38	5:20	5:45	16:21.7	5:16
115	63	Jadon Boots	10	Bison	115	5:12	112	10:35	5:23	5:48	16:21.8	5:16
116	64	Juan Garcia	10	Grand Island	218	5:23	158	10:44	5:21	5:39	16:22.1	5:17
117		Cormick Logue	11		67	5:07	121	10:37	5:30	5:47	16:22.5	5:17
118	65	Colby Rubischko	11	Lightning XC	160	5:17	131	10:39	5:22	5:45	16:22.7	5:17
119		Cole Nowacki	12	East Grand Forks	51	5:06	90	10:31	5:26	5:53	16:23.0	5:17
120		Eli Salisbury	11	Orange Crush	89	5:10	132	10:39	5:29	5:45	16:23.2	5:17
121		Chase Lather	12	Sioux Falls East	87	5:10	107	10:34	5:25	5:50	16:23.2	5:17
122	66	Zach Scharbarth	10	Stevens Point	88	5:10	86	10:30	5:21	5:54	16:23.8	5:17
123	67	Nathan Apostle	12	Mounds View XC Club	121	5:13	103	10:34	5:21	5:52	16:24.4	5:17
124		Anthony Moran	11		50	5:06	135	10:40	5:35	5:47	16:25.3	5:18
125		Erik Kain	12	Muskego XC Club	25	5:03	88	10:31	5:28	5:56	16:25.5	5:18
126	68	Mike Gipple	12	Buffalo Track Club	127	5:14	167	10:46	5:33	5:41	16:25.6	5:18
127	69	Jordan Daniel	11	Buffalo Track Club	176	5:19	172	10:47	5:29	5:39	16:25.7	5:18
128	70	Mason Suarez	11	Dubuque Hempstead Club	123	5:13	137	10:40	5:27	5:47	16:25.8	5:18
129	71	Mohamed Mohamud	12	Eden Prairie XC	142	5:15	99	10:33	5:18	5:55	16:26.3	5:18
130	72	Trevor Locke	11	Whitewater	134	5:14	139	10:41	5:27	5:46	16:26.3	5:18
131	73	Daniel Pierce	12	Mill Road RC	221	5:24	177	10:48	5:25	5:40	16:26.8	5:18
132		Kyle Nordling	11	Prior Lake Track Club	202	5:22	150	10:43	5:22	5:45	16:27.6	5:18
133	74	Noah Koelbl	12	Edina XC	168	5:18	153	10:43	5:26	5:45	16:27.8	5:18
134	75	Ethan Sharp	11	Free State Running Club	141	5:15	142	10:42	5:27	5:47	16:27.8	5:18
135	76	Leo Goodman	11	Hopkins Club CC	72	5:08	125	10:37	5:30	5:51	16:27.9	5:18
136	77	Zachary Leffel	12	Middleton Miles Project CLUB XC	137	5:15	105	10:34	5:20	5:55	16:28.2	5:19
137	78	Ethan Richter	10	Edina XC	181	5:19	147	10:43	5:24	5:47	16:28.3	5:19
138		Jack Vankempen	12		209	5:22	163	10:45	5:23	5:44	16:28.3	5:19
139	79	Owen Maloney	11	Dubuque Hempstead Club	147	5:16	164	10:45	5:30	5:45	16:29.0	5:19
140		Gabe Hinrichs	10		146	5:15	169	10:47	5:32	5:44	16:29.3	5:19
141	80	Ashton Higgerson	10	Saints XC Club	189	5:20	157	10:44	5:25	5:47	16:29.8	5:19
142		Cody Larson	11		101	5:11	129	10:38	5:28	5:53	16:29.9	5:19
143		Aidan Browne	12		111	5:12	114	10:36	5:24	5:55	16:29.9	5:19
144	81	Wil Olson	12	CoyoteXC	175	5:19	166	10:46	5:27	5:46	16:30.2	5:19
145	82	Nick Schmidt	12	Jaguar Running Club	96	5:11	136	10:40	5:30	5:51	16:30.3	5:19
146	83	Josh Bourget	11	Stevens Point	173	5:18	161	10:45	5:27	5:48	16:31.3	5:20
147	84	Asim Ali	12	Mill Road RC	150	5:16	170	10:47	5:31	5:46	16:31.7	5:20
148		Nels Trandahl	12		191	5:20	154	10:44	5:24	5:49	16:31.9	5:20
149	85	Ben Shryock	10	Free State Running Club	57	5:06	122	10:37	5:31	5:56	16:32.0	5:20
150	86	Sam Kirchner	10	West Millard	140	5:15	159	10:44	5:30	5:50	16:32.8	5:20
151	87	Grant Reid	11	Silverhawk Track Club	132	5:14	148	10:43	5:29	5:51	16:33.1	5:20
152		Cole Jensen	12	BisPat Harriers	193	5:20	160	10:44	5:24	5:50	16:33.4	5:20
153	88	Jaysen Bouwers	11	SUX Running Club	110	5:12	143	10:42	5:30	5:53	16:33.7	5:20
154	89	Nolan Mauk	12	Saints XC Club	203	5:22	171	10:47	5:26	5:48	16:33.8	5:20
155		Peter Lynch	12	BSM XC Club #1	212	5:23	173	10:48	5:25	5:48	16:34.6	5:21
156	90	Suhayb Ali	9	Hopkins Club CC	129	5:14	130	10:38	5:25	5:58	16:35.1	5:21
157	91	Rylan Brown	12	Topeka Blues XC Club	108	5:12	123	10:37	5:26	5:59	16:35.1	5:21
158	92	Matthew Tolman	10	Falcons NXR	241	5:26	197	10:53	5:28	5:44	16:36.0	5:21
159	93	Carter Borwick	11	Johnston Dragoons	245	5:26	211	10:55	5:29	5:42	16:36.4	5:21
160	94	Jared Gregoire	10	Bison	228	5:24	200	10:53	5:29	5:44	16:36.5	5:21
161	95	Isaac Hartman	11	Eden Prairie XC	149	5:16	116	10:36	5:21	6:02	16:36.5	5:21
162	96	Colby Branch	12	Hopkins Club CC	118	5:13	140	10:41	5:29	5:57	16:36.7	5:21
163		Noah Rolfe	11		112	5:12	176	10:48	5:36	5:50	16:37.1	5:21
164	97	Ernie Mattson	10	Whitewater	151	5:16	181	10:49	5:34	5:49	16:37.3	5:21
165	98	Ethan Selph	12	Stillwater XC Club	126	5:14	156	10:44	5:31	5:54	16:37.4	5:21
166		Gabe Sagvold	10	Northside Spartans	120	5:13	146	10:43	5:30	5:56	16:37.5	5:22
167		Jarek Glenn	12		159	5:17	168	10:46	5:30	5:53	16:37.6	5:22
168	99	Tony Miller	12	West Millard	201	5:22	175	10:48	5:27	5:51	16:38.1	5:22
169	100	Nathaniel Getman	10	Lightning XC	205	5:22	178	10:48	5:27	5:51	16:38.2	5:22
170	101	Noor Noor	12	Johnston Dragoons	229	5:25	190	10:51	5:27	5:49	16:38.9	5:22
171	102	Kent Nichols	12	Pleasant Valley Cross Country Club	188	5:20	212	10:55	5:35	5:45	16:38.9	5:22
172	103	Gabe Nash	9	SUX Running Club	227	5:24	184	10:50	5:26	5:50	16:39.6	5:22
173	104	Leif Larsen	12	CoyoteXC	138	5:15	179	10:48	5:34	5:52	16:39.7	5:22
174	105	Ben Haberman	11	Hopkins Club CC	93	5:10	138	10:40	5:30	6:01	16:39.9	5:22
175	106	Yohana Yual	11	Johnston Dragoons	200	5:21	151	10:43	5:23	5:58	16:40.0	5:22
176	107	Eder Garcia	12	Grand Island	247	5:27	195	10:52	5:26	5:49	16:40.1	5:22
177		Jett Oachs	12		179	5:19	162	10:45	5:26	5:57	16:41.0	5:23
178		Gabe Hoerter	9		174	5:18	187	10:51	5:33	5:51	16:41.2	5:23
179	108	Jacob Berezoski	12	Falcons NXR	226	5:24	180	10:49	5:25	5:53	16:41.4	5:23
180	109	Arrik White	11	Topeka Blues XC Club	186	5:20	198	10:53	5:34	5:49	16:41.5	5:23
181	110	Sam Verkerke	12	Whitewater	196	5:21	202	10:53	5:33	5:49	16:41.6	5:23
182	111	Logan Tantt	12	Whitewater	135	5:15	145	10:42	5:28	6:00	16:41.6	5:23
183	112	Jack Meyers	12	Pleasant Valley Cross Country Club	192	5:20	186	10:51	5:31	5:53	16:42.5	5:23
184	113	Drake Young	12	Wayzata XC	92	5:10	108	10:35	5:25	6:10	16:43.4	5:23
185		Jonathan Burkhalte	11		105	5:11	144	10:42	5:31	6:03	16:43.7	5:24
186	114	Justyn France	12	Falcons NXR	77	5:09	152	10:43	5:35	6:02	16:43.9	5:24
187		Daniel Little	10		161	5:17	222	10:57	5:41	5:48	16:44.8	5:24
188	115	Hunter Dunne	10	Lightning XC	225	5:24	196	10:53	5:29	5:53	16:44.8	5:24
189	116	Ben McLaughlin	11	Whitewater	182	5:19	203	10:54	5:35	5:53	16:45.5	5:24
190		Cael Grotenhuis	11		37	5:04	85	10:30	5:27	6:17	16:45.6	5:24

Nike Cross Nationals Heartland Regional
Yankton Trail Park, Sioux Falls, SD
November 10, 2019
Boys Championship

Place	TmPl	Name	Year	Teamname	Rank	1 Mile	Rank	2 Mile	Split	Last1.1	Time	Pace
191	117	Austin Goetsche	11	West Millard	214	5:23	201	10:53	5:31	5:53	16:45.7	5:24
192		Sam Lueders	12		66	5:07	109	10:35	5:28	6:12	16:45.8	5:24
193	118	Hamza Mohamed	9	Wayzata XC	183	5:19	174	10:48	5:29	5:59	16:45.9	5:24
194	119	Marcus Leitzen	10	Dubuque Hempstead Club	166	5:18	189	10:51	5:34	5:56	16:46.5	5:24
195	120	Jack Gschwendtner	11	Eben Prairie XC	199	5:21	194	10:52	5:32	5:55	16:46.6	5:24
196		Johnathon Nowacki	12		152	5:16	188	10:51	5:35	5:57	16:46.7	5:25
197	121	Tarun Vedula	10	Pleasant Valley Cross Country Club	197	5:21	208	10:55	5:34	5:53	16:46.7	5:25
198	122	Jesse Peterson	11	Highland Park Running Club	177	5:19	182	10:50	5:31	5:59	16:47.5	5:25
199	123	Chase Belka	12	Perham Project	216	5:23	214	10:56	5:33	5:53	16:47.7	5:25
200	124	Connor Von Holdt	10	Wayzata XC	230	5:25	232	11:02	5:37	5:47	16:47.7	5:25
201	125	Tyler Bartolome	12	Silverhawk Track Club	157	5:17	199	10:53	5:37	5:56	16:47.8	5:25
202	126	Rob Baker	11	Dakota Distance Project	213	5:23	206	10:54	5:31	5:55	16:48.3	5:25
203	127	Daniel Beletsky	12	Stillwater XC Club	163	5:17	183	10:50	5:33	6:00	16:48.6	5:25
204	128	Sean Baird	12	Edina XC	164	5:18	155	10:44	5:27	6:06	16:48.8	5:25
205	129	Will Lohr	10	SUX Running Club	162	5:17	191	10:52	5:35	5:58	16:49.2	5:25
206	130	Lucas Martin	12	Buffalo Track Club	145	5:15	165	10:45	5:30	6:05	16:49.7	5:25
207	131	Niko Schmanski	12	Hopkins Club CC	144	5:15	185	10:50	5:36	6:01	16:50.0	5:26
208	132	Beshanena Gutema	9	SUX Running Club	195	5:21	223	10:58	5:37	5:53	16:50.1	5:26
209	133	Max McConnell	12	Silverhawk Track Club	158	5:17	204	10:54	5:37	5:58	16:50.3	5:26
210	134	Sam Setterlund	11	Lightning XC	223	5:24	216	10:56	5:33	5:56	16:51.3	5:26
211	135	Colin Greenwell	11	SUX Running Club	194	5:21	192	10:52	5:32	6:00	16:51.8	5:26
212	136	Colin O'Farrell	10	Willmar Winged Foot Running Club	239	5:25	229	11:01	5:36	5:53	16:52.8	5:26
213		Connor Arens	11		185	5:20	218	10:56	5:37	5:58	16:53.0	5:27
214	137	Jordan Tremblay	12	Topeka Blues XC Club	242	5:26	221	10:57	5:31	5:58	16:53.4	5:27
215	138	Aidan Grantham	11	Saints XC Club	220	5:23	224	10:58	5:35	5:57	16:53.7	5:27
216		Zachary Huffman	10		180	5:19	207	10:55	5:36	6:00	16:54.0	5:27
217	139	Carson Hespe	11	Perham Project	250	5:27	226	11:00	5:33	5:55	16:54.3	5:27
218	140	John Loos	12	Free State Running Club	210	5:23	225	10:59	5:37	5:56	16:54.3	5:27
219	141	Kurt Lebakken	10	Edina XC	198	5:21	213	10:55	5:35	6:00	16:54.5	5:27
220	142	Cade Muller	11	Buffalo Track Club	246	5:26	251	11:07	5:41	5:49	16:55.2	5:27
221		Gavin Skorupa	12		70	5:08	149	10:43	5:35	6:13	16:55.2	5:27
222	143	Eric Zabel	12	Pleasant Valley Cross Country Club	208	5:22	215	10:56	5:34	6:01	16:55.5	5:27
223	144	Gage Long	11	Grand Island	217	5:23	205	10:54	5:31	6:03	16:55.6	5:27
224	145	Connor Klocke	10	Saints XC Club	190	5:20	220	10:57	5:37	6:00	16:55.7	5:27
225	146	Kaeden Fellingham	12	Falcons NXR	231	5:25	193	10:52	5:28	6:04	16:55.8	5:27
226		Patrick Wrigley	11		165	5:18	209	10:55	5:37	6:02	16:55.9	5:27
227	147	Slater Dixon	12	Dakota Distance Project	262	5:30	249	11:06	5:36	5:54	16:58.9	5:28
228	148	Nathan Greenfield	12	Jaguar Running Club	170	5:18	217	10:56	5:38	6:04	16:59.3	5:29
229	149	Fathi Dubet	8	Willmar Winged Foot Running Club	240	5:26	230	11:01	5:36	6:00	17:00.1	5:29
230	150	Alex Holmes	10	Topeka Blues XC Club	249	5:27	233	11:02	5:35	6:00	17:00.2	5:29
231	151	Ethan Mladucky	10	Middleton Miles Project CLUB XC	232	5:25	240	11:04	5:40	5:57	17:00.3	5:29
232	152	Marcus Hansen	12	Highland Park Running Club	184	5:19	244	11:05	5:46	5:57	17:00.4	5:29
233	153	Nickolas Idrogo-La	11	Edina XC	187	5:20	219	10:56	5:37	6:06	17:00.7	5:29
234	154	Karson Kleve	12	Johnston Dragoons	253	5:27	210	10:55	5:28	6:07	17:00.9	5:29
235	155	Ethan Zaborowski	11	Mill Road RC	204	5:22	228	11:01	5:40	6:01	17:01.4	5:29
236	156	Cooper Feltz	10	Germantown Running Club	275	5:32	255	11:09	5:38	5:54	17:01.5	5:29
237	157	John Lehan	11	Jaguar Running Club	222	5:24	235	11:02	5:39	6:00	17:01.7	5:29
238	158	Sully Anez	8	Willmar Winged Foot Running Club	254	5:28	250	11:06	5:39	5:57	17:02.7	5:30
239		Cody Farland	11		273	5:31	254	11:08	5:37	5:56	17:03.0	5:30
240		Zach Matzner	12	Orange Crush	219	5:23	239	11:04	5:41	6:01	17:03.8	5:30
241	159	Bailey Evenson	12	Perham Project	234	5:25	237	11:04	5:39	6:02	17:05.0	5:30
242	160	Will Ode	12	Buffalo Track Club	128	5:14	231	11:02	5:48	6:05	17:06.0	5:31
243	161	Andrew Macheel	9	Bison	244	5:26	236	11:03	5:38	6:04	17:06.2	5:31
244		Derek Madden	12		257	5:29	247	11:05	5:37	6:02	17:06.5	5:31
245	162	Joey Hartnett	9	West Millard	259	5:29	238	11:04	5:35	6:04	17:06.6	5:31
246	163	Charlie Ernst	12	Wayzata XC	224	5:24	246	11:05	5:42	6:03	17:07.2	5:31
247	164	Lukas Ciardo	11	Germantown Running Club	252	5:27	258	11:10	5:43	5:59	17:07.7	5:31
248	165	Sam Vanspriell	12	Highland Park Running Club	206	5:22	227	11:01	5:39	6:08	17:08.1	5:31
249	166	Rhys Allen	10	Falcons NXR	248	5:27	241	11:04	5:38	6:05	17:08.4	5:31
250	167	Marcus Knight	11	Germantown Running Club	255	5:28	252	11:07	5:40	6:03	17:09.5	5:32
251	168	Carsyn Turpin	11	Jaguar Running Club	238	5:25	234	11:02	5:37	6:09	17:10.0	5:32
252	169	Jack Keathley-Hel	10	Free State Running Club	233	5:25	257	11:09	5:44	6:04	17:11.3	5:32
253	170	Brock Cordova	11	Free State Running Club	207	5:22	253	11:07	5:46	6:05	17:11.7	5:33
254		Jake Boudreau	12		265	5:31	242	11:04	5:34	6:10	17:13.1	5:33
255	171	Brady Bleau	10	Dubuque Hempstead Club	271	5:31	259	11:10	5:40	6:05	17:14.0	5:33
256	172	Dillon Huss	11	Bison	243	5:26	248	11:06	5:40	6:10	17:14.5	5:33
257	173	Ahmed Dido	11	SUX Running Club	215	5:23	243	11:05	5:42	6:11	17:14.5	5:33
258	174	Brandon O'Hara	12	Perham Project	263	5:30	262	11:12	5:42	6:05	17:15.9	5:34
259	175	Brady Hall	12	Saints XC Club	282	5:33	264	11:14	5:41	6:04	17:16.6	5:34
260	176	Matthew Montes	10	Mill Road RC	256	5:28	266	11:14	5:47	6:05	17:18.8	5:35
261	177	Piercze Marshall	9	West Millard	269	5:31	263	11:13	5:42	6:08	17:19.5	5:35
262	178	Matt Borgmeier	11	Johnston Dragoons	236	5:25	245	11:05	5:40	6:16	17:19.9	5:35
263	179	Habetamu Abide	10	Highland Park Running Club	235	5:25	261	11:12	5:47	6:09	17:20.6	5:35
264	180	Samuel Gausmann	10	Hopkins Club CC	251	5:27	268	11:16	5:49	6:07	17:21.7	5:36
265		Taylor Myers	12		211	5:23	260	11:12	5:50	6:11	17:22.1	5:36
266	181	Grant Graber	11	Dakota Distance Project	272	5:31	265	11:14	5:43	6:13	17:26.1	5:37
267	182	Jack Ramstack	12	Germantown Running Club	278	5:32	276	11:24	5:52	6:05	17:28.4	5:38
268	183	Jackson Wertish	11	Stillwater XC Club	270	5:31	271	11:19	5:48	6:11	17:28.7	5:38
269	184	Derek Leicht	10	Dubuque Hempstead Club	279	5:32	274	11:23	5:51	6:07	17:28.9	5:38
270	185	Jonah Johnsen	11	Stillwater XC Club	267	5:31	270	11:19	5:48	6:12	17:29.3	5:38
271	186	Jacob Westermeyer	12	Dubuque Hempstead Club	283	5:33	273	11:22	5:49	6:08	17:29.5	5:38
272	187	Mark Pfeifle	12	Dakota Distance Project	276	5:32	267	11:14	5:43	6:17	17:30.5	5:39
273	188	Tesfaye Young	9	Perham Project	264	5:31	275	11:23	5:53	6:09	17:31.0	5:39
274	189	Hunter Briggs	12	Johnston Dragoons	237	5:25	256	11:09	5:44	6:24	17:31.3	5:39
275	190	Riley Vandaveer	11	Falcons NXR	261	5:30	278	11:25	5:56	6:08	17:32.7	5:39
276	191	Mowlid Mohammed	9	Willmar Winged Foot Running Club	258	5:29	279	11:26	5:57	6:08	17:32.9	5:39
277	192	Jimmy Nguyen	10	Mill Road RC	268	5:31	269	11:18	5:48	6:21	17:38.9	5:41
278	193	Owen Werner	12	Perham Project	274	5:31	277	11:24	5:54	6:16	17:39.6	5:42
279	194	Yemane Kifle	10	SUX Running Club	281	5:33	283	11:29	5:57	6:15	17:43.9	5:43
280	195	Blake Hayden	11	Wayzata XC	266	5:31	282	11:28	5:58	6:18	17:44.5	5:43
281	196	Wyatt Allen	12	Topeka Blues XC Club	277	5:32	284	11:30	5:59	6:18	17:46.9	5:44
282	197	Cooper Doherty	12	Falcons NXR	260	5:29	280	11:27	5:58	6:23	17:48.7	5:44
283	198	Jerome Silva	11	Grand Island	285	5:34	281	11:28	5:54	6:23	17:49.8	5:45
284	199	Abdi Robleh	11	Wayzata XC	284	5:33	272	11:22	5:49	6:29	17:49.9	5:45
285	200	Jonathan Trudell	11	Hopkins Club CC	280	5:32	285	11:35	6:03	6:19	17:52.4	5:46

Nike Cross Nationals Heartland Regional
 Yankton Trail Park, Sioux Falls, SD
 November 10, 2019
 Boys Championship

Place	TmPl	Name	Year	Teamname	Rank	1 Mile	Rank	2 Mile	Split	Last1.1	Time	Pace
286	201	Payton Sindelar	11	Grand Island	286	5:34	286	11:35	6:02	6:35	18:09.2	5:51
287	202	Dillon Walker	9	Germantown Running Club	287	5:38	287	11:41	6:04	6:39	18:18.7	5:54
288	203	Carson Marsh	9	Free State Running Club	289	5:40	288	12:01	6:22	6:26	18:26.6	5:57
289	204	Josh Mansfield	12	Jaguar Running Club	290	5:41	289	12:01	6:21	6:42	18:42.2	6:02
290	205	Jacob Mitchell	11	Topeka Blues XC Club	288	5:40	290	12:03	6:24	6:41	18:43.0	6:02

Timing & Results by PrimeTime Race & Event Management, LLC. www.pttiming.com