

UW Oshkosh Early Bird Invite
Saturday, December 7th, 2019
Kolf Sports Center

Teams: Benedictine University / Cardinal Stritch University / Carroll University / Carthage College / Concordia University Wisconsin / Edgewood College / Elmhurst College / Lake Forest College / Ripon College / St. Norbert College / UW-Parkside / UW-Oshkosh

Entry Procedure: Entries will be done online *ONLY* – Please do not fax or call with entries.

<http://directathletics.com>

Online entry procedure:

- Please use reasonable and/or fair entry marks. Can be used from TFRRS indoor season
- For freshman enter no time or provide fair indoor marks. (i.e. No outdoor 200m PR's)
- Enter 0.0 for any “no measure” or “no time” performances
- Additions/changes may not be made after **entries are closed**

Entry Fee:

\$200 for Men's team

\$200 for Women's team

\$15 per individual/unattached (not to exceed \$200 per team/gender)

Cash or institutional check-payable to *UW Oshkosh Track & Field*; no personal checks

Entry Deadline: Thursday, December 5th at NOON

Weigh-in: All implements must be weighed prior to competition @ competition venue. Illegal implements will be impounded – pick up after event ends.

Weigh-in time: 9:15am-10:10am

200m Declaration: All 200m runners must declare before start of MENS 800m.

Finals: Field events – 9 advance to finals; 60m/60 Hurdles – 8 advance to finals

Exhibition athletes, if competing, WILL be eligible for Finals

Scoring: Individuals: 10-8-6-5-4-3-2-1

Relays: 10-8-6-5-4-3-2-1 (one relay per institution shall score)

Starting Heights: will be determined morning of the competition

Please make sure your team camps are compact on the infield and out of the way of the competitive areas. No spikes allowed on green tarp on infield.

If you have any questions, please contact – Justin Kinseth at 929-424-7134 / kinsethj@uwosh.edu

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TIME SCHEDULE

****TENTATIVE TIME SCHEDULE****

WILL ADJUST AFTER ENTRIES

TRACK EVENTS:

10:40am	60m Qualifying Round **If needed**
11:00am	5000m Run
11:45am	60 Hurdle Prelim (W then M)
12:00pm	60 Meter Prelim
12:20pm	600m Run
12:35pm	Mile Run
12:50pm	400m Dash
1:15pm	60m Hurdle Final (M then W)
1:25pm	60 Meter Final (200m declaration BEFORE men's 800m start)
1:40pm	800m Run
2:05pm	200m Dash
2:50pm	3000m Run
3:20pm	4x400m Relay

- Women will race first in all track events. *

FIELD EVENTS:

10:30 Pole Vault Women THEN Men
10:30 Long Jump Women AND Men (two runways W inside pit/M outside pit)
Triple Jump to start 20 minutes after completion of Long Jump
11:00 High Jump Women THEN Men
10:30 Women's Weight Throw THEN Men
Women's Shot Put After Weight THEN Men's Shot Put

Throwing events will take place downstairs in Gym A and Gym B. All throwing events are contested on wooden rings. If entries become large enough, we will run 2 rings at once. If so, further information will be provided later. *